



Did you know there's a **FREE** Family Advice Line?

If you have a concern that is impacting your family life – such as parenting, SEND, mental health, debt, and more – we're here to help you find the right place to get support. Call the Family Advice Line on

01323 464655

Monday to Thursday 8.30am to 5pm
or Friday 8.30am to 4.30pm

Or visit

[familyhubs.eastsussex.gov.uk/
AdviceLine](https://familyhubs.eastsussex.gov.uk/AdviceLine)

