

Staying at Home over Easter

Optional activities to consider as we #stayathome.



Arts and Culture:

- **Time to explore some arts and culture** - <https://artsandculture.google.com/> A good site with lots of links to virtual museum tours, landmark views or opportunities to explore key historical events, e.g.
 - Natural History Museum Virtual Tour - <https://artsandculture.google.com/partner/natural-history-museum>
 - Colosseum - <https://artsandculture.google.com/project/street-view>
 - Apollo Program - <https://artsandculture.google.com/category/event>
- **Sit back and enjoy this** remarkable opportunity to watch 4 stunning productions offered free by the National theatre - <https://www.nationaltheatre.org.uk/nt-at-home>
- **Time for a singalong – enjoy a musical** - YouTube are showing a different, complete Andrew Lloyd Webber musical for 48 hours every week. It starts with Joseph and the Amazing Technicolour Dreamcoat this evening (Friday 3rd April) <https://www.youtube.com/channel/UCdmPjhKMaXNNeCr1FjuMvag>
- **Be creative – some art and craft ideas**
 - <https://artyfactory.com/>
 - <https://www.wikihow.com/Blow-Out-Eggs>
- **Sit back and enjoy a good book** – Download and listen to the world’s best storytelling. Enjoy audiobooks, original series and more on the free app. This is now free during the school closures. <https://www.audible.co.uk/>

Virtual Days Out

- **Explore the Zoo** - Chester Zoo are hosting all-day live virtual tours - <https://www.chesterzoo.org/virtual-zoo/>
- **Watch animals in their habitat** – Live Cams from Monterey Bay Zoo and live from Explore
 - <https://www.montereybayaquarium.org/animals/live-cams/>
 - <https://explore.org/livecams/oceans/pacific-aquarium-tropical-reef-camera>
- **‘The Great Indoors’** – The Scouts have launched the ‘great indoors’ check out some of their ideas to explore. <https://www.scouts.org.uk/the-great-indoors/>
- **Woodland Trust** have a few ideas to do while out on our daily walks and from the comfort of your home
 - <https://www.woodlandtrust.org.uk/blog/2020/03/tree-id-kids/>
 - <https://www.woodlandtrust.org.uk/blog/2020/03/kids-nature-activities-self-isolation/>

Food and Cooking

- **Why not try and bake** Hot Cross Buns <https://www.bbcgoodfood.com/recipes/easy-hot-cross-buns>

Nights Out-In

- Online quizzes
 - Online pub quiz <https://spectacularpubquizzes.com/>
 - BBC Sport Sports quiz - Friday nights at 8pm - <https://www.bbc.co.uk/sport/52136208>
 - FunBrain is an educational browser game website for children and adults <https://www.funbrain.com/>

Staying Healthy and Fit

- **Get active** and attempt some of the many online exercise classes;
 - Max Whitlock’s 5 exercises to try at home - <https://www.bbc.co.uk/sport/av/gymnastics/52104402>
 - Joe Wicks – The Body Coach on YouTube
 - Online Yoga or Pilates