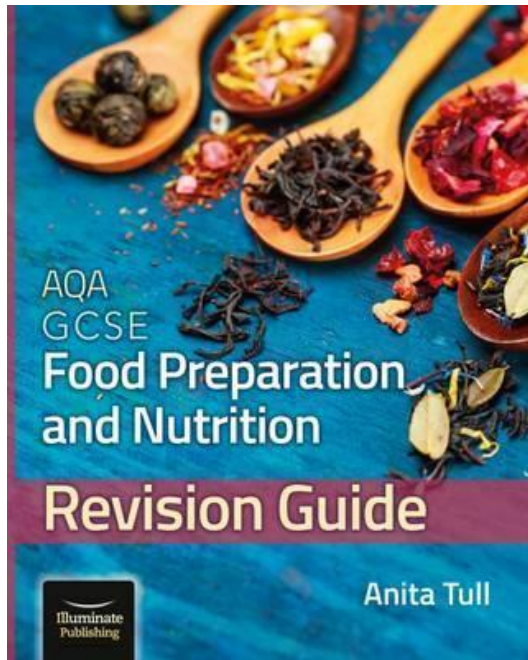


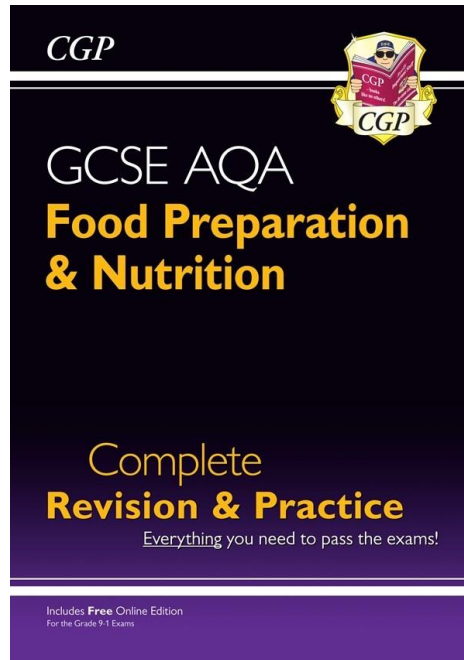
AQA GCSE Food Preparation and Nutrition Revision



£12.86

Need a revision guide?

These revision guides **break down** the information, include **short tests** and highlight **keywords**.



£8.86

On **Firefly** under Resources – Subjects – Design Technology and Food – GCSE Food are **revision resources**.



Revision packs;

- **Past papers,**
- pens,
- **highlighter,**
- post-it notes,
- **flash cards,**
- revision ideas,
- **PLCs,**
- snacks.

AQA GCSE Food Preparation and Nutrition Revision

What has changed...

- A **wider curriculum** including more cross-curricular skills (Science, Geography, Religious Studies, Physical Education)
- **All assessments** take place in the **final year** of the GCSE
- Two **NEA tasks** which together are worth **50%** of the final grade
- One **written exam** worth **50%** of the final grade.

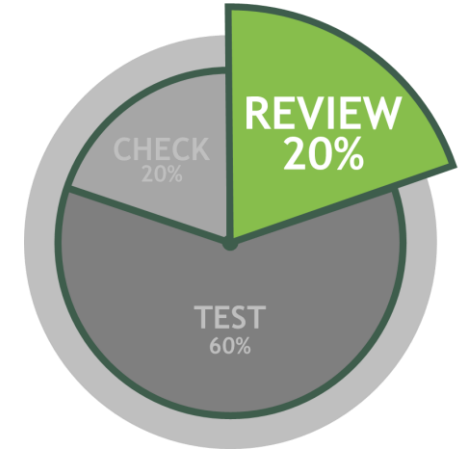
Section A: 20 multiple choice questions

Section B: Higher order questions

AQA GCSE Food Preparation and Nutrition Revision

Personal learning checklists

- Identify your **strengths**.
- Identify areas to **improve**.
- Enables you to **focus your time**.
- Highlights **key topics** you need to know.
- Highlights **keywords**.



Content	R	A	G	Page no.
Diet related diseases. Chapter 2: nutritional needs and health				
Obesity <ul style="list-style-type: none">• Explain what obesity is• Explain what causes obesity• Explain what happens to the body• Explain how it can be prevented and treated				

AQA GCSE Food Preparation and Nutrition Revision

Choose one of the following topics and write at least five multiple choice questions:

- Proteins (pages 1-2)
- Fat soluble vitamins (page 10)
- Diet related health problems (page 19-20)
- Storing food safely (pages 50-51)
- Waste food and packaging (pages 84-85)

How you can write a multiple choice question:

- Which one of the following...?
- Which of the following is correct?
- Complete this sentence...
- Identify...
- Which is the odd one out?

Indicate the one correct answer on the card.

AQA GCSE Food Preparation and Nutrition Revision

Test one another!

- Teaching others is a great method of revising
- Rotate around the room, asking others your set of multiple choice questions

